

THE IMPORTANCE OF REWARDING DESIRED BEHAVIOR

aka "Reinforcement"

- ◆ Reinforcement describes the relationship between behavior(s) demonstrated by the learner and a consequence (response) that follows the behavior.
- ◆ Reinforcement occurs only if the consequence (response) increases the likelihood the learner will perform the skill or behavior in the future.

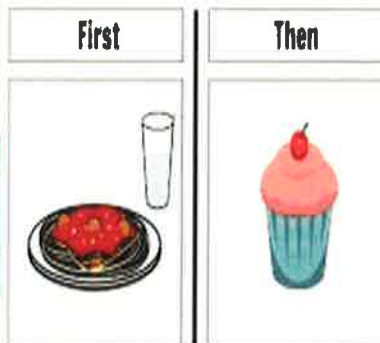
****The behavior(s) you reinforce the most, will be the behavior(s) you will see the most****

Examples of simple systems for home use:

I earn stickers when I:

1. Clean up my toys
2. Ask for things using nice words
3. Play with my dog using gentle hands

20 stickers = I get to play Angry Birds for 10 minutes!



MY REWARD CHART

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
I wake up in a good mood							
I brush my teeth							
I take a shower and wash my hair							
I get dressed							
I eat my breakfast							
I go to school							
I follow directions							
I listen to my teacher							
I go to bed when I am told							
I share my toys							
I listen to adults							
I clean up my toys							
I am good with the car							
Extra							



QUICK WAYS TO INCREASE THE BEHAVIORS YOU WANT TO SEE

- Pay attention to when your child is being "good"
- Praise your child with the specific behavior you want to continue to see
- Praise your child for successful steps (even if it's a small one)
- Give your child a high five or hug
- Give less attention to the behaviors you do not want to see again
- Provide attention to your child without him/her having to earn it
- Celebrate your child's efforts, not just the results
- Praise your child with positive statements
- Offer your child genuine and realistic praise
- Display work in a place of honor
- Write positive notes/pictures for your child
- Praise consistently and often

UPCOMING STATEWIDE PARENT ADVISORY COMMITTEE (SPAC)
MEETING & WORKSHOP DATES

****All meetings and workshops will be held via Zoom****

❖ December 17, 2020 6pm-7pm:

- **Topic- *Navigating My Child's IEP***
- **Zoom link: <https://us02web.zoom.us/j/89000893029>**

❖ January 14, 2021 6pm-7pm:

- **Topic- *Understanding My Child's Rights & Compliance***
- **Zoom link: <https://us02web.zoom.us/j/84123886806>**

❖ March 11, 2021 6pm-7pm:

- **Topic- *Communication & Sensory Skills***
- **Zoom link: <https://us02web.zoom.us/j/88427266972>**

❖ May 13, 2021 6pm-7pm:

- **Topic- *Behavior Strategies & Social Skills***
- **Zoom link: <https://us02web.zoom.us/j/85646048651>**